

**Welcome to
St Michael's Day Centre**

MENU: Week beginning 21 August 2017

- Monday, 21** **Shepherds Pie, Carrot and Swede Mix and Broccoli
Apple Pie and Ice Cream**
- Tuesday, 22** **Gammon with Parsley Sauce, Sliced Green Beans, Roast
Parsnips and New Potatoes
Rhubarb Crumble and Custard**
- Wednesday, 23** **Sausage Casserole, Carrots, Cabbage and Mashed Potatoes
Orange Flan and Cream**
- Thursday, 24** **Chicken wrapped in Bacon, Peas, Cauliflower and Boiled
Potatoes
Peaches and Custard**
- Friday, 25** **Steak and Kidney Pie, Red Cabbage, Brussels Sprouts and Roast
Potatoes
Banana Chocolate Surprise**

Allergens

Custard: Milk; Apple Pie: Wheat;

Parsley Sauce: Milk; Crumble: Wheat; Flan: Wheat;

Steak and Kidney Pie: Wheat, Milk; Banana Chocolate Surprise: Milk;

Fish: Fish and wheat;

Cream: Milk; Ice Cream: Milk; Gravy: Wheat, Barley

You will be served a glass of Apple or Orange Juice with your meal

Tea and Coffee with a biscuit will be available in the morning and afternoon
